

# LEPTI-TRIM CLEANSE FACT SHEET



CLEANSE, a synergistic blend of vitamins, minerals, amino acids, and enzymes is the most powerful, dynamic formula to cleanse, detoxify, and nourish the body, while aiding healthy elimination. These ingredients work together to aid in proper digestion, increase nutrient absorption and energy, and gently cleanse the colon of stored waste.

Effective cleansing and body detoxification is key to a healthy, balanced system. By eliminating the toxic accumulation, the causes of many health problems are also eliminated. The body is then able to fight off infections and bacterial invasions more efficiently. According to Dr. Bernard Jensen, a pioneer in nutritional therapy, "It is the bowel that invariably has to be cared for first, before effective healing can take place."

When our bodies are clean and strong, they are able to eliminate toxins, but when they become overloaded, they become sluggish and more susceptible to disease, as the immune system no longer has the capability of fighting off the invading pathogens. Then when the body manifests discomfort and symptoms of imbalance (headaches, indigestion, gas, fatigue, aches and pains, just to name a few), most people try to cover up the symptoms or cure them with chemicals, instead of seeking the cause of the imbalanced system. As the first trouble indicators are often suppressed or ignored, the body's signals of problems become louder with more serious health problems, due to the continuous overload of toxicity in the body. Eventually, when the system becomes stagnant and can no longer rid itself of toxins, chronic disease manifests.

Chemicals and toxins accumulate in fat tissue. The more chemicals and toxins, the more fat the body manufactures. Have you ever tried to lose weight only to be disappointed? The reason why is the weight loss is primarily water and lean muscle. Minimal fat is lost because the body needs to be nourished and cleansed while it's burning the fat. Without proper cleansing and nourishing, the lost lean muscle and water slows your metabolism down, thus people actually become fatter versions of their prior selves.

The 20-foot long intestinal tract has tens of thousands of finger-like projections called villi. These villi arise from the intestinal surface and create a picture similar to the blades of grass in a lawn. When this specialized lining is healthy it absorbs digested nutrients and prevents passage of toxins, partially digested food, and bacteria, viruses, and parasites. If there is any damage (as with infections, too much alcohol or sugar, food allergies, and sluggish elimination), then this can result in what is known as "leaky gut syndrome" (or irritable bowel syndrome). This increased intestinal permeability then puts major stress on the body's number one filter, the Liver. This is a major contributor to many conditions such as, Chronic Fatigue Syndrome, Fibromyalgia, Migraine Headaches, Irritable Bowel Syndrome, and Arthritis to name a few.

It is amazing how quickly people respond to a simple and effective cleanse program. It is common to feel an increased energy, sense of well-being, greater mental clarity, release from pains and many diseased symptoms. Some of the benefits include:

- Increased Energy
- Regulated Bowel Function
- Improved Digestion
- Increased Nutrient Absorption
- Sense of Well-Being

## CLEANSE

Mix 1 to 2 teaspoons in 4-6 oz. of your favorite juice and shake to mix.

**Other Ingredients:**  
Maltodextrin.

Supplement Facts		
Serving Size: 2 teaspoons (10 grams)		
Servings per container: 30		
	Amount Per Serving	% Daily Value*
Calories	5	
Total Carbohydrate	1g	< 1%*
Dietary Fiber	1g	4%*
Soluble Fiber	1g	**
Vitamin A (as vitamin A palmitate)	2,419 IU	48%
Vitamin C (as ascorbic acid)	29mg	48%
Vitamin D (as cholecalciferol)	194 IU	48%
Vitamin E (as dl-alpha tocopheryl acetate)	15 IU	48%
Thiamin (as thiamine mononitrate)	0.7 mg	48%
Riboflavin	0.8mg	48%
Niacin (as niacinamide)	10mg	48%
Vitamin B6 (as pyridoxine hydrochloride)	0.96mg	48%
Folate (folic acid)	194 mcg	48%
Vitamin B12 (as cyanocobalamin)	3mcg	48%
Biotin	145 mcg	48%
Pantothenic acid (as d-calcium pantothenate)	4.8mg	48%
Calcium (as calcium lactate)	242mg	24%
Magnesium (as magnesium gluconate)	97mg	24%
Potassium (as potassium gluconate)	847mg	24%
FiberSed-2™	1g**	
Amino Acid Blend	63mg**	
L-Glutamine, L-Alanine, L-Arginine, Aspartic Acid (as L-Aspartate), Cysteine (as L-Cysteine Hydrochloride), Glutamate (as L-Glutamic Acid), L-Methionine, L-Phenylalanine, L-Proline, L-Serine, L-Threonine, L-Tyrosine, L-Valine	14.5g**	
Enzyme Blend		
Alpha-Amylase, Protease, Lipase		

\*Percent Daily Values are based on a diet of 2,000 calories diet.  
\*\*Daily Value not established.

For more information, please contact:

\*Results may vary. The above statements have not been evaluated by the Food and Drug Administration. TWI products are not intended to diagnose, treat, cure or prevent any disease.

Repair - Reduce - Rebuild



TRANSFORMING ORDINARY LIVES INTO...

*Extraordinary Lives!*

## Ingredient List:

Vitamins are essential to life. They contribute to good health by regulating the metabolism and assisting the biochemical processes that release energy from digested food. They are considered micronutrients because the body needs them in relatively small amounts compared with other nutrients such as carbohydrates, proteins, fats, and water.

Minerals are needed for the proper composition of body fluids, the formation of blood and bone, and maintenance of healthy nerve function.

Enzymes are essential chemicals that are the foundation of human bodily functions. They are catalysts (activators) in the chemical reactions that are continually taking place within the body.

Amino acids are the chemical unit or the "building blocks" that make up proteins. Protein could not exist without the proper combination of amino acids. Enzymes, hormones and genes are also comprised of various proteins. Protein provides the structure for all living things and participates in the vital chemical processes that enable us to sustain life.

## VITAMINS:

**Vitamin A:** Acts as an antioxidant, enhances immunity, slows aging, and is needed for epithelial tissue maintenance and repair.

**Vitamin B1:** Enhances circulation, strengthens muscle tone of the intestines, stomach, and heart.

**Vitamin B2:** Aids in metabolism of carbohydrates, fats, and proteins. When used with vitamin A, it maintains and improves the mucous membranes in the digestive tract.

**Vitamin B3:** Needed for proper circulation, aids in the production of hydrochloric acid for the digestive system.

**Vitamin B5:** Necessary for normal functions of the gastrointestinal tract.

**Vitamin B6:** Necessary in the production of hydrochloric acid and the absorption of fats and protein. Aids in maintaining sodium and potassium balance.

**Vitamin B12:** Required for proper digestion, absorption of foods, protein synthesis, and metabolism of carbohydrates and fats.

**Vitamin C:** Acts as an antioxidant, required for tissue growth and repair, enhances immunity.

**Vitamin E:** Acts as an antioxidant, aids in heart health, improves circulation, repairs tissue.

**Folic Acid:** May prevent heart disease, promotes normal red blood cell formation, maintains nervous system, intestinal tract, and normal patterns of growth.

**Biotin:** Aids in cell growth, fatty acid production, metabolism of carbohydrates, fats and proteins, and in the utilization of the B-complex vitamins.

**Vitamin D3:** Helps with bone density and calcium intake.

## AMINO ACIDS :

**Glycine:** Enhances brain function.

**L-Alanine:** Aids in the metabolism of glucose, a simple carbohydrate the body uses for energy.

**L-Arginine:** Aids in liver detoxification, detoxifies ammonia, and aids in kidney disorders and trauma.

**L-Aspartic Acid :** Increases stamina, good for fatigue. Protects the liver by aiding in the removal of excess ammonia from the body. Forms molecules that absorb toxins and remove them from the bloodstream.

**L-Cystine:** Helps to eliminate harmful toxins.

**L-Glutamic:** Metabolizes sugars and fats.

**L-Methionine:** Helps prevent buildup of fat in the liver and arteries. Helps the digestive system, interacts with other substances to detoxify harmful agents.

**L-Phenylalanine:** Often used to treat depression. Aids in memory, learning, and obesity.

**L-Proline:** Aids in the production of collagen, heals cartilage, and strengthens joints, tendons, and the heart muscle.

**L-Serine:** For proper metabolism of fats and fatty acids, promotes muscle growth, and a healthy immune system.

**L-Threonine:** Helps maintain protein balance in the body. Aids the liver function.

**L-Tyrosine:** Acts as a mood elevator, suppresses appetite, and reduces body fat.

**L-Valine:** Tissue repair. Muscle growth and an energizer.

## DIGESTIVE ENZYMES:

**Alpha-Amylase:** A fat inhibitor, and carbohydrate and starch blocker.

**Fungal Protease Constatinate:** They help to breakdown amino acids to be utilized by the body.

**Lipase:** They are needed to digest fat.

## MINERALS:

**Calcium:** Calcium is important in the maintenance of regular heartbeat and the transmission of nerve impulses. It is needed for muscle growth and contraction.

**Potassium:** This mineral is important for a healthy nervous system and a regular heart rhythm. It aids in proper muscle contractions, and works with sodium to control the body's water balance.

**Magnesium:** Magnesium is vital to enzyme activity. It assists in calcium and potassium uptake. A deficiency interferes with the transmission of nerve and muscle impulses.

