



SHAKE, along with Leptin, is the most powerful, dynamic colostrum-based anti-aging, inch loss, muscle-toning, immune boosting, essential vitamin and mineral total body supplement available on the market today. Colostrum is a complete whole food and The Diamond of the nutritional field. True first-milking colostrum can only be produced within a few hours after birth. After that, the composition changes very rapidly and becomes transitional milk. TWI only uses true first-milking colostrum as a base for the Lepti-Trim product line.

Some of the benefits of "True Colostrum" are:

- * Inch Loss
- * Underlying Lean Muscle Gain
- * Higher Energy Levels
- * Better Mental Clarity
- * Tightening of Skin
- * Anti-Aging



SHAKE

Suggested use: Use the Lepti-Trim Shake once or twice daily. Many people use it in the morning for breakfast, blended with fresh fruit, and at lunch combined with a sensible high-protein/low-carb meal. It comes in chocolate and vanilla flavors and mixes easily with milk or water. Be sure to also take the Lepti-Trim capsules with your shake.

Why do I need colostrum?

Colostrum offers the broadest possible spectrum of biologically active substances that promotes the development of a sound body. It assures effective and efficient metabolism and supports the activation and maintenance of a fully functional immune system capable of combating potential insults from micro-organisms and other deleterious sources.

1 Anti-Aging and Metabolic Factors

There are 87 anti-aging growth factors to help the body repair and reverse the damage cause by disease and aging. Insulin-like growth factors (IGF-I and II) activate cell growth (reproduction, regeneration and repair essential to anti-aging) improve nutrient uptake, increase bone mass, restore skin elasticity, build lean muscle, elevate mood, energize the body, and more. Growth Hormones (GH) - aids in the regeneration of organs and tissues. Epithelial growth factor - stimulates normal skin growth. Leptin- a small hormone like protein involved in promoting fat loss, increasing thermogenesis, aiding the thyroid gland, and suppressing the appetite.

2 Basic Factors

Colostrum contains vitamins, minerals, and enzymes. These include:

Vitamin A - promotes healthy skin and bone growth, essential for proper vision.

Vitamin E - antioxidant vitamin important in membrane structure.

Vitamin B12 - essential for the formation of red blood cells and maintenance of nervous system.

Calcium - performs essential function in the skeletal, teeth, muscle and nerve tissues, blood clotting and balanced blood pressure.

Sulfur - critical for maintaining the integrity of connective and structural tissues.

Enzymes - building blocks for the body.

3 Essential Factors

17 Amino Acids - act as building blocks for hormones, muscle and connective tissue. They form proteins for building cells and repairing tissue. They also form antibodies to combat invading bacteria and viruses. they build nucleoproteins (RNA and DNA), carry oxygen throughout the body, and participate in muscular activity. Glyconutrients - are the master communicators and one of the 10 most important technologies of the 21st century, according to MIT scientists. Glyco-nutrients encourage NK-Cell and B-cell activity which may increase the body's immune response against foreign invaders. Fatty Acids- Builds cell membranes, reduces aging.

4 Immune Factors

Impaired immune performance causes the body to fall prey to serious infections, injury, and disease-producing organisms. As we age, our immune system becomes less effective, and the body cannot rid itself of the toxins that build up. It takes longer to recover from small illnesses, and we become more vulnerable to disease. Colostrum contains more than 95 different immune factors that support and regulate the immune system. A few of these factors are: Immunoglobulins, Leukocytes, Lactoferrin, Lysozyme, Proline-rich polypeptides, Cytokines, Lymphokines, among others.

Supplement Facts

Serving Size: 57.4 Grams
Servings per container: 15

	Amount Per Serving	% Daily Value*
Calories	118	
Carbohydrate	5 g	
Total Fat	3 g	
Protein	27 g	
Fiber	3 g	
Natural Sugars	6 g	
Colostrum	5 g	
CLA	1200 mg	**
Garcinia Cambogia	1 g	**
Vitamin C	21 mg	35%
Vitamin E	1 IU	35%
Vitamin A	1750 IU	35%
Vitamin B ₁	7 mg	35%
Vitamin B ₂	3.5 mg	35%
Vitamin D ₃	140 IU	35%
Vitamin B ₆	60 mg	35%
Vitamin B ₁₂	70 mg	35%
Vitamin B ₉	2 mcg	35%
Vitamin B ₅	14 mg	35%
Vitamin D	100 mcg	35%
Vitamin K	27 mcg	35%
Glutamine	775 mg	**
Taurine	525 mg	**
Suma	550 mg	**
Acetyl L-Carnitine	100 mg	**
Alpha Lipoic Acid	25 mg	**
Calcium	500 mg	50%
Magnesium	140 mg	35%
Potassium	1225 mg	35%
Zinc	6 mg	35%
Iron	7 mg	35%
Chromium	40 mcg	35%
Selenium	24 mcg	35%
Copper	70 mg	35%
Manganese	70 mg	35%
Molybdenum	25 mcg	35%
Iodine	53 mcg	35%
Natural Flavor (Vanilla)		
Guar Gum		

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established

Other Ingredients: (may contain any of the following) Whey Protein Isolate, Vitamin Mineral Blend, Fructose, Colostrum, Fibersol2, Natural Vanilla Flavor, Natural Chocolate Flavor, Dried Cream Extract, Vanilla Cream Extract, Guar Gum, Garcinia Cambogia, Potassium Gluconate, Cocoa Butter Buds, Suma

*Results may vary. The above statements have not been evaluated by the Food and Drug Administration. TWI products are not intended to diagnose, treat, cure or prevent any disease.

Repair - Reduce - Rebuild



TRANSFORMING ORDINARY LIVES INTO...

Extraordinary Lives!

SUMA:

An adaptogenic herb from the Amazon rain forest, also known as "Brazilian Ginseng". It has numerous active compounds that have been used for centuries by the native peoples to combat a wide variety of conditions, ranging from arthritis to weight loss. To natives of Brazil it is known as Para Toda (which means "for everything"). One of the active ingredients, betaecdysterone, is highly anabolic and has been used by athletes to increase muscle building and endurance. Suma contains 19 different amino acids, a large number of electrolytes, and many trace minerals, including a high content of the mineral germanium, which accounts for its properties as an oxygenator at the cellular level. Other active compounds include plant sterols, which support the immune system.

TAURINE:

A building block for all other amino acids. It is also a key component of bile, which is needed for the digestion of fats, the absorption of fat-soluble vitamins and the control of serum cholesterol levels. Taurine is vital for the utilization of several minerals including calcium and magnesium.

L- GLUTAMINE:

Helps to build lean muscle, (the basis for the building blocks that synthesize DNA and RNA.) Glutamine is important for dieters and body builders to prevent muscle breakdown and is involved in maintaining a proper acid/alkaline balance in the body.

ACETYLL- CARNITINE:

Increases the use of fat as a source of energy. It prevents fatty buildup— especially in the heart, liver and skeletal muscles. Since it is involved in fat metabolism, Acetyl L-Carnitine helps to lower triglycerides and support weight loss.

REFERENCES

Belury, M.A., et al. "The conjugated linoleic acid (CLA) isomer, t10c12-CLA, is inversely associated with changes in body weight and serum leptin in subjects with type 2 diabetes mellitus." J Nutr, 2003;133(1):2575-2605.

Formichelli, L. "The skinny on fat." Energy, March 2003:82-85.

Ohia, S.E., et al. "Safety and mechanism of appetite suppression by a novel hydroxycitric acid extract (HCASX)." Mol Cell Biochem, 2002;238(1-2):89-103.

True colostrum combined with these other ingredients creates phenomenal results. . .

The TWI Day Time formula brings our body back into a well-balanced shape, looking and feeling younger by providing several factors:

1. IGF-1 at youthful levels!

2. Leptin, which comes from the word leptos— which means thin!

- Leptin regulates food intake by regulating your appetite, and how much you consume
- Leptin works on taste receptors in the mouth so carbohydrates don't taste as good
- Leptin enhances fat metabolism
- Leptin aids the thyroid gland
- Leptin increases thermogenesis
- Leptin works with IGF-1 to build lean muscle, balance blood sugar, and overcome insulin resistance
- LEPTIN SHRINKS FAT CELLS

3. Balancing blood chemistries to regulate insulin resistant weight gain.

Leptin is the key hormone involved with the storage of fat. The Journal of the American Medical Association has reported, in a randomized, double blind, placebo-controlled study that weight loss "increased with increasing doses of leptin among all subjects." At the highest leptin dose, more than 95 percent of the subjects' weight loss was from fat.

Leptin works best when it is part of the whole colostrum package. In order for the body to properly utilize leptin, it also requires both insulin and insulin-like growth factor-1 (IGF-1), which is found abundantly in true colostrum.

